

**Tumble Tots at Home**  
 Alternative Co-ordination Items



**Bean Bags**



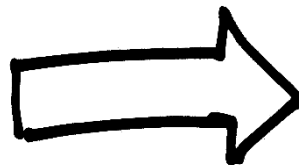
For CARRYING  
 For BALANCING  
 For THROWING  
 For CATCHING



**Teddy  
 Socks  
 Small Bottle  
 Ball of Wool**



**Balls**



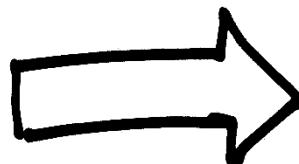
For ROLLING



**Water Bottle  
 Tins  
 Toilet Roll**



**Streamer**



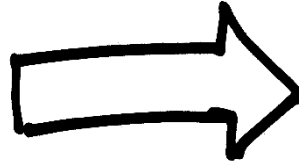
For TWIRLING  
 For WAVING  
 For SPINNING  
 For SHAPE MAKING



**Towel  
 Napkin  
 Pillowcase  
 Scarf**



**Lummi Sticks**



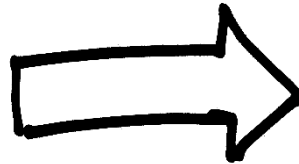
For TAPPING



**Wooden Spoons  
Chopsticks  
Pencils**



**Activity Ring**



For LIFTING  
For SPINNING  
For ROLLING



**Empty Bottle**

### **Benefits of Co-ordination Play**

- Helps to build and understand spatial awareness
- Helps to develop collaborative play
- Helps to strengthen cognitive development
- Helps aid Fundamental Movements (Balancing & Agility)
- Helps to develop Fine Motor Skills