## Write down your five fruit and vegetables for each day!

|  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- |
| MON |  | 2 | 3 | 4 | 5 |
| TUE |  |  |  |  |  |
| WED |  |  |  |  |  |
| THURS |  |  |  |  |  |
| SRI |  |  |  |  |  |
| SAT |  |  |  |  |  |
| SUN |  |  |  |  |  |

