



## Gymbobs Activity Grid

Colour in the activities once you have done them!



Star Jump around your living room	Draw yourself taking part in Gymbobs at Home	Use your body to make letters on the floor	Fill in the Word Play Worksheet	Lie on the floor and pretend to swim
Side Roll 10 times	Build a tower of recycling	Bounce a Balloon Cover in the air, don't let it drop!	Draw your own Spot the Difference	Join in with "Bendable & Stretchable"
Join in with a Gymbobs at Home session	Bounce a ball, clap your hands and then catch the ball	Climb the stairs 5 times	Gallop along on your Daily Walk	Sit on the floor, legs stretched out and stretch to touch your toes
Star Jump around your living room	Draw yourself taking part in Gymbobs at Home	Use your body to make letters on the floor	Fill in the Word Play Worksheet	Lie on the floor and pretend to swim

